



Resources for Depressed Adolescents

In A Crisis

911- for Emergencies

Lindner Center of HOPE 513-536-HOPE (4673)

Mobile Crisis Team 513-584-8577

**Psychiatric Evaluation and Response Center (PERC)
Cincinnati Children's Hospital 513-636-4124**

**Crisis Intervention/Suicide Prevention
513-281-CARE (2273)**

For Outpatient Treatment

Lindner Center Professional Associates 513-536-HOPE (4673)

Primary Care Physician (pediatrician or family practice doctor)

Insurance company- mental health service referral line may be listed on insurance card or in-network providers may be listed on a website or in a handbook

For Partial Hospitalization/Day Program

Lindner Center of HOPE 513-536-HOPE (4673)



4075 Old Western Row Road
Mason, Ohio 45040
513-536-HOPE (4673)

Community Mental Health Resources:

Hamilton County

Mental Health Access Point (MAP) 513-558-8888

The gateway to all agencies of the Hamilton County public mental health system providing assessment, support, and connections for individuals and families who are in need of mental health services.

Beech Acres Parenting Center 513-231-6630

Offers a wide array of services to strengthen families for children

Camelot 513-961-5900

Programs include In Home Counseling, Therapeutic Foster Care, Outpatient counseling, Case Management, and adoptions.

Centerpoint Health 513-221-HELP (513-221-4357) <http://centerpointhealth.org>

Comprehensive behavioral health care with five neighborhood-based locations throughout Hamilton County serving children, adults and families via Outpatient Counseling, Adult Case Management, Adult Support Services, and Crisis and Prevention Services

Central Clinic 513-558-5823 www.centralclinic.org

Provides outpatient and culturally sensitive mental health and substance abuse services for children and adults, including those coming through the criminal justice system

Children's Home of Cincinnati 513-272-2800 www.thechildrenshomecinti.org

Adoption services, education, and mental health services for children with special education needs and with mental health diagnoses

Catholic Social Services 513-489-8898 www.cssdoorway.org

Provides mental health counseling and enrichment programs to promote people's well being

Fernside Center for Grieving Children and Families 513-745-0111

Provides peer group support for grieving children, teens and their parents or guardians

Glad House 513-641-5530

Comprehensive After School / Summer intervention for children ages 5-11 whose parents are substance dependent. Graduates can continue in our GLAD Hands Club, a weekend follow-up for youth up to age 18.

Jewish Family Services 513-469-1188

Provides family counseling to individuals, couples and families of all ages.

Lifepoint Solutions www.lifepointsolutions.org

A merger between Family Services and Clermont Counseling Center; a comprehensive counseling agency with expertise in mental health diagnosis and treatment

Lighthouse Youth Crisis Center 513-961-4080 www.lys.org

Emergency housing, respite, stabilization and crisis counseling

Resources supplied by



www.lindnercenterofhope.org

Pressley Ridge 513-559-1402 www.pressleyridge.org

Residential services, treatment foster care services, including Individual residential treatment homes, individual shelter homes, adoption, and respite care. Community-based services, including intensive case management wraparound, family-based mental health and family preservation services. Education, including an Autism program, a day school, a school for the deaf and wilderness programs

St Aloysius Orphanage 513-242-7600

A family teaching center offering a range of outpatient services, chartered school, group homes, therapeutic foster care, and crisis respite

St Joseph Orphanage 513-741-5788

Provides crisis stabilization and short term residential treatment, outpatient services, day treatment, case management and foster care.

Warren County

Mental Health Recovery Centers of Warren and Clinton Co. 513-398-2551 www.mhrsonline.org

Comprehensive Counseling Services 513-424-0921 www.comprehensivecounselingservice.com

LIFESPAN, Inc. 513-868-3210 www.lifespanohio.org

1054 Monroe Avenue Lebanon, OH 45036

Warren County Community Services Cincinnati/Butler/Butler/Maineville 513-925-2249

www.wccsi.org

Information & Referral (I & R): Links callers to social services available in Warren County and surrounding areas. Trained and certified I&R specialists give callers information and options concerning their needs.

Hotlines

Drug and Poison Information Center 513-636-5111 or 800-222-1222

Answers questions about drug and poison products

National Suicide Hotline Number: 1-800-273-TALK

Local Suicide Prevention Hotline: 877-695-6333

Suicide Prevention 513-281-CARE (2273)

United Way 211, dial 2-1-1

Referral resource for health and human services

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www.lindnercenterofhope.org

Websites and Associations

Ohio Department of Mental Health (ODMH) www.ResiliencyOhio.org

Designed to help children & youth with mental health challenges and their families strengthen their paths to mental wellness with resiliency

Mental Health America of Southwest Ohio 513-721-2910 www.mhaswoh.org

(formerly known as the Mental Health Association of Southwest Ohio)

Provides advocacy, education and the coordination of services including monthly roundtables, information and referral, suicide prevention, Compeer Supportive Friendship and the Support Group Clearinghouse for Hamilton and Warren counties

Families for Depression Awareness 781-890-0220 <http://familyaware.org>

email: info@familyaware.org

The Ohio Federation for Children's Mental Health www.ohiofederation.org

A statewide family coordination and advocacy organization dedicated to supporting children and youth who experience mental, emotional and or behavioral disorders and their families. The federation provides individual and systems advocacy, navigational support and technical assistance to facilitate partnerships

National Federation of Families for Children's Mental Health www.ffcmh.org

NAMI (National Alliance on Mental Illness) 513-351-3500

4790 Red Bank Expressway, Suite. 218, Cincinnati, OH 45227

Grassroots organization that offers hope and help to family members and individuals affected by mental illness. Family to Family and Peer to Peer Programs offer support for those diagnosed with mental illness and their families

Child and Adolescent Bipolar Foundation www.bpkids.org

Improving the lives of families raising children and teens living with bipolar disorder and related conditions by providing community resources, connection and hope while supporting research, advocacy, and public awareness

Depression and Bipolar Support Alliance (DBSA) 866-854-9154 www.dbsalliance.org

Great information regarding 'helping someone with a mood disorder'; provides support and education to people diagnosed with depression, bipolar and other mood disorders and welcomes family members, friends and service providers to support group meetings. Most support groups are run by volunteers and provide self-help through facilitated meetings. The toll-free number for DBSA-Ohio is

Ohio Department of Mental Health <http://mentalhealth.ohio.gov>

Under 'Getting Treatment' there is an excellent interactive map of providers and a resource list

Cincinnati Children's Hospital Medical Center Special Needs Resource Directory

www.cincinnatichildrens.org/svc/alpha/c/special-needs/resources/mental-health.htm

A comprehensive list of community resources

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www.lindnercenterofhope.org

Massachusetts General Hospital, School Psychiatry Program www.schoolpsychiatry.org

The National Institute of Mental Health (NIMH) www.nimh.nih.gov

American Academy of Child Adolescent Psychiatry (AACAP) www.aacap.org

The Ohio Federation for Children's Mental Health www.ohiofederation.org

The Substance Abuse and Mental Health Services Administration's (SAMHSA) www.samhsa.gov

American Academy of Pediatrics (AAP) www.aap.org

Suicide Awareness Voices of Education (SAVE) **1-800-273-8255** www.save.org

American Association of Suicidology www.suicidology.org

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