



To schedule an appointment,
call 513-536-HOPE (4673)



Treatment Team



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Discover a New Approach to Women's Mental Health

A woman's reproductive lifecycle is naturally filled with highs and lows that are linked to physical changes, hormonal fluctuations, life-altering events -- often equally joyous, sad, and stressful. Sometimes it can be hard to know when a mood or behavior is more than a normal reaction to physiological change or stress.

The Women's Mental Health Program at Lindner Center of HOPE strives to promote and enhance women's mental health and well-being across the reproductive lifecycle. Specialists are available to help individuals and their clinicians by providing: comprehensive diagnostic assessments, consultations, medication management, and psychotherapy services.

WOMEN'S MENTAL HEALTH PROGRAM AREAS OF FOCUS INCLUDE:

Menstrual Cycle

- Premenstrual dysphoric disorder (psychiatric symptoms related to the menstrual cycle)
- Hormonal contraceptives and psychiatric medication interactions
- Psychiatric symptoms associated with polycystic ovarian syndrome

Pregnancy

- Pre-conception counseling (effect of mental illness and/or psychiatric medications on pregnancy)
- Psychiatric illness during pregnancy
- Postpartum depression and other psychiatric disorders
- Psychiatric medications during lactation

Fertility

- Psychiatric complications of fertility treatment and the psychological impact of infertility
- Psychological impact of pregnancy loss

Menopause

- Psychiatric symptoms associated with menopause and the interplay between psychological and physiological symptoms in menopause
- Hormone replacement Therapy (HRT) and psychiatric medication interactions

Stress Management

- Psychosocial stressors affecting women at all ages such as pregnancy, motherhood, balancing work and family, relationships, loss of a child or loved one, aging parents, empty nest syndrome and self-image issues

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