

In partnership with the Association of Philippine Physicians in Greater Cincinnati, Inc. (APPGC)

Invites you to:

Primary Care Psychiatry Update 2015: Ongoing Challenges

A Continuing Education Lecture (4 CME/CEUs)

April 25, 2015 (Saturday)
11:45 AM- 5:00 PM
Lindner Center of HOPE
4075 Old Western Row Rd, Mason, OH 45040

Program:

11:45 AM: Registration Opens 12:15- 1:00 PM: Lunch Provided 1:00- 5:00 PM: CME Lectures

Fee: \$40 for MDs and \$20 for Non-MDs

Treatment Resistant Depression -Nelson F. Rodriguez, M.D., FAPA, Lindner Center of HOPE, Staff Psychiatrist.

At the end of this presentation, the participant will be able to:

- 1. Discuss the burden and definition of treatment resistant depression.
- 2. Explain the emerging concepts and theories about depression.
- 3. Explain the management and treatment approaches for treatment resistant depression.

Recognition and Management of Eating Disorders - Anna Guerdjikova, PhD, LISW, CCRC, Lindner Center of HOPE, Director of Administrative Services, Harold C. Schott Foundation Eating Disorders Program

At the end of this presentation, the participant will be able to:

- 1. Identify symptoms of and diagnose the three main types of eating disorders across age and gender.
- 2. Discuss current evidence-based treatments for eating disorders.
- 8. Explain the levels of care and referral network available for treatment of patients with eating disorders for the Greater Cincinnati Area.

Behavioral Addictions: Understanding gambling, pornography, compulsive shopping and gaming addictions - Chris J. Tuell, EdD, LPCC-S, LICDC, Lindner

Center of HOPE, Clinical Director of Addiction Services University of Cincinnati, Department of Counseling, Adjunct Professor, Addiction Studies

At the end of this presentation, the participant will be able to:

- 1. Describe the basic principles related to Behavioral Addictions, as well as the role of the addictive brain in this process.
- 2. Express the key issues associated with individuals exhibiting Behavioral Addictions, as well as the unique characteristics of each type.
- 3. Recognize the similarities and differences between Behavioral and Chemical Addictions and the implications it has upon treatment strategies.

Dialectical Behavior Therapy (DBT): Practical and Effective Treatment - Robin Thompson Arthur, PsyD, Lindner Center of HOPE, Chief of Psychology

University of Cincinnati, Assistant Professor, University of Cincinnati College of Medicine Department of Psychiatry, Xavier University, Adjunct faculty for the Department of Psychology At the end of this presentation, the participant will gain and be able to:

- 1. Recognize DBT: research and populations who benefit.
- 2. Discuss how DBT is different from Cognitive Behavior Therapy (DBT).
- 3. Describe the four modules that comprise DBT.
- 4. Practice with mindfulness techniques.

ACCREDITATION STATEMENT

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians. The University of Cincinnati designates this live educational activity for a maximum of 4 AMA PRA Category 1 Credit(s) M. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 4 mandatory continuing education credits for Ohio Licensed Psychologists.

Lindner Center of HOPE has been approved by the State of Ohio Counselor, Social Work, Marriage and Family Therapist Board as an APPROVED PROVIDER (#RSX090801) for social work continuing education units and as an APPROVED PRO-VIDER (#RCX071001) for counselor continuing education units. This program has been approved for 4 clock hours of CEU.

DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

CMEs and CEUs offered. Check in at Welcome Center. Free parking.

RSVP by April 10, 2015 to Pricila Gran at pricila.gran@lindnercenter.org Can't make it? Contact Pam with your email address for information on future Grand Rounds at 513-536-0318.

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